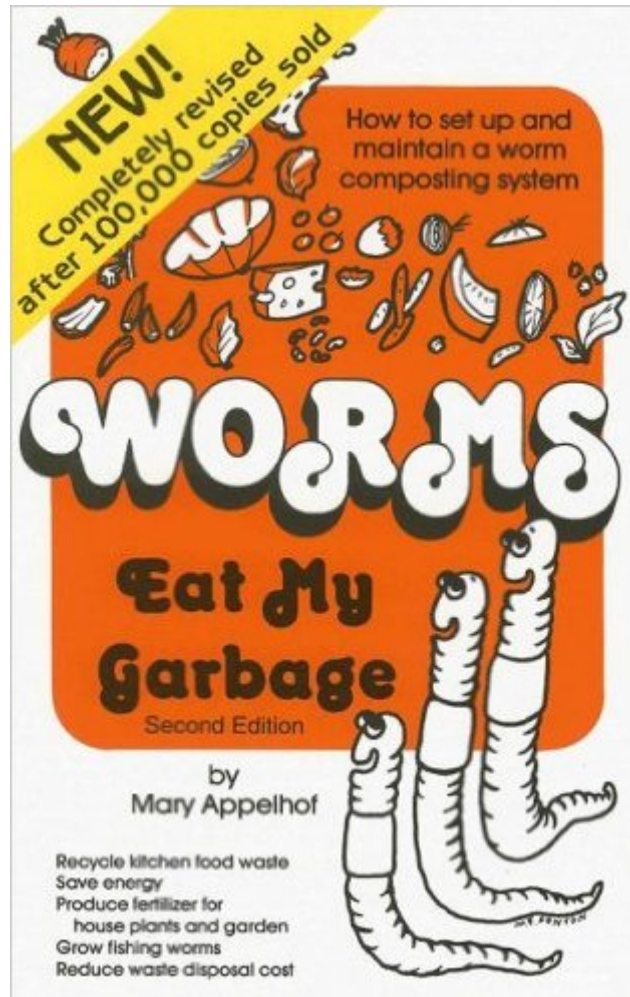


The book was found

# Worms Eat My Garbage: How To Set Up And Maintain A Worm Composting System



## Synopsis

A new edition of the definitive guide to vermicomposting--a process using redworms to recycle human food waste into nutrient-rich fertilizer for plants. Author Mary Appelhof provides complete illustrated instructions on setting up and maintaining small-scale worm composting systems. Internationally recognized as an authority on vermicomposting, Appelhof has worked with worms for over three decades. Topics include: bin types, worm species, reproduction, care and feeding of worms, harvesting, and how to make the finished product of potting soil.

## Book Information

Paperback: 162 pages

Publisher: Flower Press; Revised and expanded second edition edition (October 6, 2003)

Language: English

ISBN-10: 0977804518

ISBN-13: 978-0977804511

Product Dimensions: 5.5 x 0.4 x 8 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.6 out of 5 stars Â Â See all reviews Â (193 customer reviews)

Best Sellers Rank: #143,296 in Books (See Top 100 in Books) #28 in Â Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Technique > Urban #32 in Â Books > Children's Books > Education & Reference > Science Studies > Nature > Gardening #66 in Â Books > Textbooks > Science & Mathematics > Biology & Life Sciences > Ecology

## Customer Reviews

This is a cute and eccentric, rather dated, oddly organized, and not very scientific guide to vermicomposting. It's fine on the basics of keeping a worm composter, but much of its advice is easy to misunderstand or understand incompletely due to the lack of good pictures and hands-on, detailed description of specific scenarios. On some issues it is simply wrong. If you really want to understand your worms and the compost ecosystem you're creating for them, you'll be better off reading multiple online sources devoted to vermicomposting and talking with people who do it. "Worms Eat My Garbage," like many guides, provides fine advice as far as it goes; it just doesn't explain much about *\*why\** you should do this or not do that. It also fails to put the key issues front and center for people new to worm and compost care: how the worms will behave in your vermicomposter if they are healthy or unhealthy, what they need or like and don't like in their environment and diet, how to understand what you see, and the main ways you can screw up. I don't

believe the book ever points out that worms live on \*microbes\* in decomposing organic matter, and they only eat your "garbage" in the process of getting at microbes. Explaining the chemistry of composting and decomposition processes (aerobic and anaerobic) would be really helpful, but that's not really covered here either. For example, nitrogen and sugars or starches can break down into wet, potentially toxic byproducts like ammonia and alcohols, which are not good for worms in quantity, especially if the worms can't get away from them. How pH/acidity levels rise and fall is a related concern you won't learn much about from this book. Here is an example that is typical of the book's main flaw.

[Download to continue reading...](#)

Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System  
How to Start a Worm Bin: Your Guide to Getting Started with Worm Composting  
Worm Loves Worm The Computer Insectiary: A Field Guide to Viruses, Bugs, Worms, Trojan Horses, and Other Stuff That Will Eat Your Programs and Rot Your Brain  
How to Eat Fried Worms The Fender Stratocaster Handbook, 2nd Edition: How To Buy, Maintain, Set Up, Troubleshoot, and Modify Your Strat  
Wiggling Worms at Work (Let's-Read-and-Find-Out Science 2)  
Yucky Worms: Read and Wonder The Cheese and the Worms: The Cosmos of a Sixteenth-Century Miller  
Modeling Clay with 3 Basic Shapes: Model More than 40 Animals with Teardrops, Balls, and Worms  
I Am A Garbage Truck Here Comes the Garbage Barge! Composting: Nature's Recyclers (Amazing Science)  
Garbage Helps Our Garden Grow: A Compost Story  
Plastic, Ahoy!: Investigating the Great Pacific Garbage Patch (Nonfiction - Grades 4-8)  
Garbage Trucks (Mighty Machines)  
Let it Rot!: The Gardener's Guide to Composting (Third Edition) (Storey's Down-to-Earth Guides)  
The Humanure Handbook: A Guide to Composting Human Manure, Third Edition  
Bokashi Composting: Scraps to Soil in Weeks  
Garbage Land: On the Secret Trail of Trash

[Dmca](#)